

Saline-Carroll County Breastfeeding Resource Guide Products & Supplies

Hometown Pharmacy-Carrollton
660-542-2020

Red Cross-Carrollton
660-542-1111

Shopko-Carrollton
660-542-1228

Wal-Mart-660-886-6852

[www.ameda](http://www.ameda.com) [www.avent](http://www.avent.com) [www.medela](http://www.medela.com)

Breast Pumps

Fitzgibbon Hospital Auxiliary Gift Shop

660-886-7431, Ext. 596

Medela pumps and supplies for sale

Heartland Medical Supply

660-886-9229

Saline County WIC Office-Participants Only

660-886-9494

Carroll County WIC Office-Participants Only

660-542-3247

Manual, Personal, and Multi-User Pumps are available depending on needs

Aeroflow Breast Pumps site will help you get any pump quickly. They do the work!

<http://www.breastpumps.aeroflowinc.com/>

Websites

www.kellymom.com/index.html

www.breastfeedingonline.com/newman.shtml

Find & LIKE us on Facebook:

**Carroll County Mommy and Me
Breastfeeding Support(Saline County)**



Updated by Carroll County Health Department 2/18

Breastfeeding Assistance

Fitzgibbon Hospital

Natalie, Certified Lactation Consultant

Kelly, Certified Lactation Counselor

Marshall Women's Care @660-886-7800

- Prenatal breastfeeding counseling
- In-patient breastfeeding assistance
- Outpatient breastfeeding consultations

Breast Milk Donation Depot

Women's Center at 660-831-3710

Mother's Milk Bank (Denver) 877-458-5503

Carroll County WIC

Kelly, Certified Lactation Counselor

Anna, Certified Lactation Consultant

660-542-3247

Warmline: 660-329-0858

- Breastfeeding counseling and assistance
- Breast Pumps
- Nutrition Education
- Formula Education

Saline County WIC

660-886-9494 Tuesday-Friday

BF Warmline: 660-631-5390

Saturday-Monday and after-hours

Breastfeeding Medication Questions

Dr. Thomas Hale's Infant Risk Center

Texas Tech Univ. Health Sciences Center

Monday – Friday 8:00am-5:00pm

806-352-2519

www.ttuhsu.edu/infantrisk

**Free App for Your Phone: LactMed from
National Institutes of Health**



Classes and Support Services

Fitzgibbon Hospital

660-831-3848

Marshall Women's Care

Childbirth Class

Call to Register

Richey Chiropractic Clinic

660-542-2441

Carroll County Health Department

Mommy and Me Group

1st Tuesday of each month

11:00am-12:00pm Carroll County YMCA

Prenatal Infant Feeding Class

1st Thursday of December, March, June and
September

Please call for more info

Facebook: Carroll County Mommy and Me Saline County Health Department

Best-Fed Babes 11:00am - Noon

Prenatal Breastfeeding Classes –

Monthly 2nd Thursdays

BF Family Group – Quarterly 3rd Thursdays
in March, June, Sept., Dec.

Snacks provided

Vitamin D

The American Academy of Pediatrics recommends most babies receive Vitamin D, either through your breast milk, or a supplement.

Ask your physician for details.

<http://www.aafp.org/afp/2009/0715/p196.html> on-line

www.vitacost.com Carlson's Brand

WIC Supports Breastfeeding

Know someone who may qualify for WIC?

Check out this online tool:

<http://health.mo.gov/living/families/wic/wicfamilye/s/apply.php> or 660-886-9494-Saline/ 660-542-3247 Carroll